

IF YOU ARE ON **ANY WEIGHT LOSS MEDICATION**,
PLEASE LET US KNOW, AS IT NEEDS TO BE HELD **AT**
LEAST 1 WEEK PRIOR.

DATE :

ARRIVAL TIME :

PROCEDURE TIME :

CLEAR FLUIDS, NO SOLID FOOD THE ENTIRE DAY BEFORE
PROCEDURE.

STOP ALL FLUIDS 4 HOURS PRIOR TO PROCEDURE TIME.

PLEASE PICK UP PREP ASAP.

PLEASE READ INCLUDED INSTRUCTIONS THOROUGHLY PRIOR
TO PROCEDURE DAY.

PLEASE COMPLETE AND BRING THE ATTACHED MEDICATION
FORM THE DAY OF YOUR PROCEDURE.

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COLONOSCOPY WITH SUPREP (divided dose)

Mr./Ms _____ is scheduled for a colonoscopy
on _____ @ _____

(PLEASE ARRIVE 1 HOUR BEFORE PROCEDURE TIME)

ARRIVAL TIME: _____

10 DAYS PRIOR TO PROCEDURE:

1. Confirm your transportation arrangements. You must have an adult (over the age of 18) accompany you, even if you take public transportation, taxi, or van. **YOU MUST HAVE SOMEONE WITH YOU.** Your procedure will be canceled if you do not have someone to accompany you home. You will not be able to drive for 24 hours after your procedure.
2. If you take **Coumadin, Plavix, Lovenox, or any other anticoagulant (blood thinning)** medication, you will need approval from your primary care physician, hematologist, or your cardiologist before stopping the medication prior to your procedure. Also, if you are taking **Ozempic or Mounjaro or any semaglutide (weight loss medication)**, you need to stop at least 1-2 weeks prior to your procedure. If these are being taken for diabetes, please get instructions from the prescribing physician. **Keep taking your blood pressure medication and other medications unless told otherwise.**
3. If you are a **diabetic and receive insulin or oral medication**, you should have received special instructions on what to do with your medications the day before and the morning of the procedure. Please contact the office if you have any questions.
4. **We need to know if you have an AICD, pacemaker, or artificial heart valve.** If you have not already done so, please contact the office with this information.
5. **PLEASE PICK UP YOUR PREP KIT FROM THE PHARMACY A FEW DAYS BEFORE YOUR EXAM.**

DAY BEFORE THE PROCEDURE: YOU MAY NOT EAT ANYTHING FROM THIS DAY ON UNTIL THE PROCEDURE IS OVER!!!! Preparation is necessary to empty the contents

of your intestine so that we can see the intestinal lining. You must drink all the preparation; otherwise, you may need to repeat the test later.

1. **CLEAR LIQUIDS ONLY FOR THE ENTIRE DAY AND UNTIL YOUR PROCEDURE IS OVER. (NOTHING TO EAT ALL DAY BEFORE THE PROCEDURE)!** Clear liquids include water, apple juice, white grape juice, Gatorade, gelatin, beef or chicken broth, popsicles, clear tea, or black coffee. No milk or milk products. No orange juice or anything that is not transparent or translucent. **NOTHING RED OR BLUE OR PURPLE!**
2. **Beginning at 6 pm the day before your colonoscopy,** pour one 6-ounce bottle of SUPREP liquid into the mixing container. Add cold drinking water to the 16-ounce line on the container and mix. Drink ALL the liquid in the container.
3. You **MUST** drink TWO more 16-ounce containers of water or any clear liquid within the next hour (fill cup two more times with plain water or clear liquid and drink). **Drinking is essential for a good preparation and to maintain hydration. Keep drinking as much as you can for the rest of the day. CLEAR LIQUIDS ONLY.**

DAY OF PROCEDURE:

1. **Starting 6 hours before your colonoscopy,** pour the remaining 6-ounce bottle of SUPREP liquid into the mixing container. Add cold drinking water to the 16-ounce line on the container and mix. Drink ALL the liquid in the container.
2. You **MUST** drink TWO more 16-ounce containers of only water over the next hour (fill the cup two more times with plain water and drink). **YOU MUST FINISH DRINKING THIS AT LEAST 4 HOURS BEFORE YOU ARRIVE. THE MORNING OF THE PROCEDURE YOU MAY ONLY HAVE THE PREP AND WATER....NO OTHER CLEAR LIQUIDS!!!! STOP WATER AT LEAST 4 HOURS BEFORE YOUR SCHEDULED PROCEDURE TIME. NO GUM OR CANDY ALLOWED THE DAY OF THE PROCEDURE!**
3. Take off your jewelry and leave it at home.
4. Take your heart, blood pressure, asthma, or thyroid medications the morning of the procedure with a sip of water at least 4 hours before the procedure.
5. Please arrive one hour before the scheduled time. You still need your photo ID, insurance card, and completed medication form. Allow approximately 2-3 hours for your visit. We will contact your driver when you are ready to be picked up. They will need to come up to our office to sign you out.

CANCELLATION POLICY FOR ALL PROCEDURES

Starting five days before your procedure you will receive an email to confirm your appointment, as well as a text message, and a phone call. It is **REQUIRED** that you confirm your appointment by one of these methods **48 hours before** your procedure, or your **procedure will be cancelled**.

In addition, if you do not show up to your procedure or cancel the morning of, you will be billed a **fee of \$100**.

Thank you!