

Clear Liquid Diet

The list below is the approved list of liquids which are acceptable to consume while you are prepping for your procedure.

Clear Liquids Allowed:

- Water
- Tea (Decaffeinated or Regular) (No added milk)
- Carbonated Beverages (Coke, Diet Coke, Pepsi, Dr. Pepper, Sprite, etc.)
- Gatorade (No Red or Purple)
- Clear Fruit Juices (Apple, White Grape, White Cranberry, Lemonade)
- Clear Beef or Chicken Broth
- Coffee (No Cream or Milk)- You may add sugar or sugar substitute
- Jell-O (No Red or Purple) (Do not add any fruit)
- Popsicles (No Red or Purple) (No added fruit)