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Small Bowel Capsule Endoscopy Instructions

To ensure the best results for you PillCam capsule endoscopy of the small bowel, follow your doctor's instructions thoroughly.

A. The Day Before Capsule Endoscopy:

1. Start a liquid diet after lunch.
2. Do not eat or drink except for necessary medication with a sip of water, 10 hours before your capsule endoscopy.

B. The Day of Capsule Endoscopy:

1. Do not take any medicine two hours before your scheduled exam.
2. Wear upper garment of thin, natural fiber such as a T-shirt that is long enough to reach hip level and will not ride up above the PillCam belt.
3. Arrive for your appointment at the scheduled time.

C. After Swallowing the PillCam Capsule:

The capsule endoscopy procedure will last approximately 8-9 hours. Contact your doctor's office immediately if you suffer from any abdominal pain, nausea or vomiting during the procedure.

1. You may drink colorless liquids starting two hours after swallowing the PillCam capsule.
2. You may have a light snack 4 hours after ingestion. After the examination is completed, you may return to your normal diet.
3. Be sure the SensorBelt is tight at the waist. Do not attach anything to it.
4. Check the blue flashing DataRecorder light every 15 minutes to be sure it is blinking twice per second. If it stops blinking or changes color, note the time and contact your doctor.
5. Use the attached Capsule Endoscopy Event Form, to note the time of any event such as eating, drinking or a change in your activity. Return the completed Event Form to your doctor at the time you return the equipment.
6. Avoid strong electromagnetic fields such as MRI devices or ham radios after swallowing the capsule and until you pass it in a bowel movement.
7. Do not disconnect the equipment or completely remove the DataRecorder at any time during the procedure.
8. Treat the DataRecorder carefully. Avoid sudden movements and banging of the DataRecorder.

