

North Shore Digestive Medicine, P.C.
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INSTRUCTIONS FOR BREATH TEST

After completing your treatment for H. Pylori, please contact our office to arrange for a breath test. This test is needed to make sure that the treatment was successful.

For **two weeks** prior to breath test appointment, please do not take any PPI's (Aciphex, Nexium, Omeprazole, Pantoprazole, Prilosec, etc.)

Please do not have anything to eat, drink or take any medications **two hours** before test.